

**CONTRACT PRICING**

***Adult***

|  |  |
| --- | --- |
|  | **Monthly Cost** |
|  | ***1 Adult*** | ***w/Spouse*** |
| **1 Month** | $150 | $280 |
| **3 Month** | $135 | $280 |
| **1 Year** | $120 | $220 |

***Family***

|  |  |
| --- | --- |
|  | **Monthly Cost** |
|  | ***1 Adult + 1 Youth*** | ***w/add. member*** |
| **1 Month** | $250 | $80pp |
| **3 Month** | $225 | $60pp |
| **1 Year** | $200 | $50pp |

***Youth***

|  |  |
| --- | --- |
|  | **Monthly Cost** |
|  | ***1 Youth*** | ***w/add. sibling*** |
| **1 Month** | $120 | $200 |
| **3 Month** | $110 | $190 |
| **1 Year** | $100 | $180 |

\*Youth is anyone no younger than 14 years of age and still in high school

Contract Details

* 1 month contracts: Cash or check only. No refunds.
* Must utilize Auto Withdraw (ACH or Credit Card) for 3 month and 1 year contracts.
* 3 month and 1 year contracts auto renew when contract is due for renewal.
* Cancellation Fee for Family and Adult contracts is 50% of remaining charges, paid in full at time of cancellation.
* Cancellation Fee for Youth contracts is 25% of charges remaining, paid in full at time of cancellation.
* Cancellation fee waived after 9 months for 3 month contract and after renewal of 1 year contract.
* See full cancellation details on next page.

**Schedule:**

Monday-Friday

6:00-7:00 AM

7:00-8:00 AM

4:30-5:30 PM

5:30-6:30 PM

Saturday

9:00-10:00 AM

**10 Commandment of SBCF:**

1. I will be on time to class.
2. I will except challenges head on and not fear the unknown
3. I understand this will be the hardest; I have ever worked out in my life.
4. I understand that 3 days a week is the minimum requirement for results.
5. I understand that my actions outside the gym reflect my results.
6. I understand that you cannot outwork a bad diet
7. I understand that raw plants, nut, seeds and lean meats are the answer.
8. I will share the gym space and equipment with everyone.
9. I will sweat & I will wipe that sweat off the floor & equipment.
10. I will be positive, social, encouraging, helpful, compassionate, driven, enthusiastic, and focused. Inside and outside the gym.

**Cancellation Policy:**

-All contracts must be canceled 7 business days before any recurring charges are withdrawn form credit card or bank account.

-Cancellations must be made via telephone conversation or in person. You may not send cancellation requests via the following platforms: Facebook, Twitter, Instagram, SnapChat, website comment section, Email or Text message.